

**County of Jefferson**  
**Office of the County Administrator**



**Historic Courthouse**  
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**JEFFERSON COUNTY, NY DAILY COVID-19 STATUS REPORT**

**DATE:**

January 7, 2022

**CONTACTS:**

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Jefferson County is participating with the State of New York to manage the outbreak of COVID-19, a.k.a the coronavirus. The strategy for management of the virus is threefold – density reduction, identify and isolate, and lastly, surge capacity for medical services. The actions administered will fit into one of these categories and we encourage the public to follow the guidelines issued by either the U.S. Centers for Disease Control (CDC), New York State and/or the New York State Department of Health (NYSDOH), or the Jefferson County Public Health Service (JCPHS), as well as educate yourself on the current situation and seek the appropriate medical attention from a provider immediately if necessary.

**Current statistics for testing and test results received by the Jefferson County Public Health Service, as well as quarantine and isolation status to date:**

**Total Tested: 240,576**

***Positive Case Rate per 100,000 population – 711.07***

*Source: U.S. Centers for Disease Control, laboratory-confirmed tests only.*

***% Positive, 7-Day Average – 17.5%***

*Source: New York State Department of Health, laboratory-confirmed tests only.*

***Positive Tests: 17,066***

*Source: New York State Department of Health laboratory-confirmed positive tests; Fort Drum laboratory-confirmed positive tests; and self-reported positive home tests.*

**Mandatory Isolation: 1,800**

**Hospitalized: 22**

**Nursing Home: 15**

**Assisted Living: 0**

**Deaths: 146**

**RECOVERED: 15,083**

**Negative Tests: 223,510**

**Mandatory Quarantine: 1,728**

**The way to stop the spread of COVID-19 is to isolate those with the disease from others. COVID-19 symptoms can take 2 to 14 days to appear after exposure. Symptoms include:**

- **Fever or chills**
- **Cough**
- **Shortness of breath or difficulty breathing**
- **Fatigue**
- **Muscle or body aches**
- **Headache**
- **New loss of taste or smell**
- **Sore throat**
- **Congestion or runny nose**
- **Nausea or vomiting**
- **Diarrhea**

**COVID-19 spreads mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, talks, or raises their voice (e.g., while shouting, chanting, or singing). These droplets can land in the mouths or nose of people who are nearby or possibly be inhaled into the lungs. To reduce the spread of COVID-19, people must wear cloth face coverings in public settings when around people outside of their household, especially when other social distancing measures are difficult to maintain. For more information, visit [www.jcphs.org](http://www.jcphs.org).**

**Positive Tests represent individual infections (cases). If an individual recovers and tests positive within 90 days of recovery, it is not considered a new infection and the number of positive tests (cases) does not increase. If an individual re-tests positive post 90-days from having COVID, it is considered a new infection and the number of positive tests (cases) will increase.**



# Jefferson County Fire and Emergency Management

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## JEFFERSON COUNTY

### DISTRIBUTION PLAN FOR COVID 19 HOME TEST KITS

Jefferson County received approximately 5,000 home Covid 19 test kits from NYS. Each kit contains 2 home test to be taken on consecutive days by the recipient when experiencing signs and symptoms of COVID 19.

Jefferson County will be distributing these test kits to resident of Jefferson County, home bound senior citizens and to essential government workers.

- Jefferson County will distribute these kits via several fire departments across Jefferson County as well as the City of Watertown. A “drive thru” distribution system will be utilized with the parameter being 1 kit per household and proof of residence in Jefferson County is required. This proof can be in the form of a driver’s license or some sort of mail proving the address of the recipient.
  - Agencies that will be handing out these kits at a drive thru site on Saturday, January 8, 2022, from 10 am to 12pm:
    - Clayton Fire Station
    - Dexter Village Fire Station
    - Adams Center Fire Station
    - Black River Fire Station
    - Philadelphia Fire Station
    - West Carthage Fire Station
- The City of Watertown will be distributing next week and will publish their distribution plan.
- Jefferson County Office of the Aging will be distributing to homebound resident via their Home Delivered Meals program.
- Jefferson County Public Health Service’s home health clients will be provided kits during home visits.
- Essential service workers for Jefferson County Public Safety, Highway crews and Public Health staff as well as Town and Village DPW/Highway crews to ensure essential services.

**JEFFERSON COUNTY PUBLIC HEALTH SERVICE**

Public Health Facility, 531 Meade Street, Watertown, New York 13601

Contact: Faith Lustik 315-786-3723

**Isolation and Quarantine Protocol Change Announced**

**January 7, 2022~Watertown NY~** The Jefferson County Public Health Service is updating isolation protocols for people with Covid-19 and quarantine protocols for people exposed to Covid-19.

Isolation & Quarantine Guidance: On January 4, 2022, the U.S. Centers for Disease Control updated COVID-19 isolation and quarantine recommendations, followed by the New York State Department of Health release of "Interim Updated I&Q Guidance". There are specific guidelines for healthcare workers.

5-Days Isolation: The shorter isolation of 5 days is for asymptomatic and mildly ill people. The period of 5 days is to focus on the period when a person is most infectious, followed by continued masking for an additional 5 days. JCPHS is updating the protocols to match federal and state guidelines.

10-Days Isolation: A 10-day isolation period is still required for childcare, children under Pre-K, non-school aged children, immunocompromised individuals, and others who cannot wear a mask.

If you have tested positive on a home test, you may enter the results on our website, [www.icphs.org](http://www.icphs.org). If you do not have access to the website, please call 315-786-3730.

**Positive with Covid-19:** Do not leave your home, except to get medical care. Do not go to work, school, or public areas such as shopping centers. If possible, use a bathroom not used by other family members or roommates. If you must share a bathroom, have cleaning supplies available in the bathroom so that you can clean surfaces after use. If asymptomatic at the end of 5 days or if symptoms are resolving, isolation ends and the individual should wear a well-fitting mask while around others for an additional 5 days. Anyone who you live with is at increased risk of infection. If anyone in the household is unvaccinated, immuno-compromised, or has other underlying health conditions, they should monitor themselves closely for symptoms and contact their healthcare practitioner about any concerns and additional treatment. Inform close contacts that they may have been exposed. A close contact is defined as a person within 6 feet of the infected person for a cumulative total of 15 minutes or more over a 24-hour period. The infectious period starts from 2 days before illness onset or, for asymptomatic patients, 2 days prior to test specimen collection, until the time the positive case is isolated.

**Close Contact to a Person while the Person was Infectious with Covid-19:** Close contacts who are fully vaccinated **AND** have received their booster shot and do not have any symptoms do not need to quarantine. If you have been identified as a close contact to a positive case and you have symptoms, or are not fully vaccinated **AND** boosted then you are subject to quarantine. Do not leave your home, except to get medical care. Do not go to work, school, or public areas such as shopping centers. If possible, use a bathroom not used by other family members or roommates. If you must share a bathroom, have cleaning supplies available in the bathroom so that you can clean surfaces after use. After day 5 wear a well-fitting mask while around others for an additional 5 days. If you develop symptoms, isolate immediately and get tested.